

AABA Coaches Sample Team Meeting / 1st Practice Topics

Team Rules (Players & Parents):

1. Discipline
2. Respect
3. Enjoyment

Coach's Expectations of players and parents:

1. Clean language
2. Proper use of equipment (team & personal)
3. Positivity
4. Growth mindset

Practices:

- Times - TBD each week will last 1 hour
- Attire -
 - White baseball pants - no shorts, no sweat pants (please reach out to me if there are any issues).
 - Red or Black shirt
 - Team hats

Quote for the season:

"Exceptional has to be earned every day" - Detropia (2012)

Coach Comer's Contact Info:

Phone: 805-602-0116 (text or call) - Please no phone calls after 9:30pm, text any time

Email: bigdreamsbasketball@gmail.com

Parent Volunteer Positions:

*If there is anyone interested in helping out, positions I would appreciate support with include:

- Score Keeper
- 1st Base Coach (focus on base running)
- Pitching Coach (pitch count & make sure next pitcher is ready)